



# Eurolight



A CONSORTIUM in action between 24 partners:  
public bodies, patient organisations, scientific organisation, hospitals and headache  
experts from 15 different European countries

## Introduction to the European initiative

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### Primary headaches in Europe

It is estimated that more than 50 million Europeans had suffered from migraine during the last year. Migraine is estimated to cost more than 20 billion € for all Europe. Studies regarding for the most common headache (tension-type headache) are few, and data on the cost are virtually absent.

It ensues that health sector policy makers are constrained in their ability to take decisions on effective measures for the benefit of patients suffering from headache disorders due to incomplete information on the prevalence and impact of headache disorders; their burden/risk and impact on sufferers, carers, family, colleagues and society

### Information is needed to achieve greater recognition and improved care of headache

Launched in May 2007, **Eurolight** is a response to this need to acquire/complement knowledge for action at European level. Eurolight is the first independent data collection on headaches at EU level focusing on a holistic, patient-driven and scientifically validated approach.

#### The project's general objectives are:

- to bring together the relevant medical, scientific and lay organizations
- to gather updated reliable comparable information regarding migraine tension-type and chronic headache

A homogeneous methodology will be used in 10 different European countries, representative of different regions to:

- Assess the personal suffering, the consequences on work, education and family
- Identify the needs for a better disease-management
- Complement data on cost of illness
- Complement data on prevalence in eastern European countries (Lithuania)

will provide a justification for stakeholders to rank **HEADACHE** amongst the highest health-care priorities

The collaborative effort of the Eurolight consortium will support the activities in partnership with the Global Campaign for Lifting the Burden of Headache and the European Headache Federation to grant a high level of excellence at European level in the field of headaches



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